WEB-BASED RESOURCES AND INFORMATION

SURFIN’ FOR SOURCES
5-11-16
Training Objective

• Provide CYB-MFLCs with an in-depth look at an array of web-based resources and information regarding military children and families.

• To enhance the ability of CYB-MFLCs to provide appropriate and timely information and referrals to all stakeholders in the field as needed.
Important Note

It is important to note it is the actual website provided as a referral in order for the recipient to access the information on the website. Counselors may not obtain the information from these websites and disseminate on the installations.
After Deployment Adaptive Parenting Techniques (ADAPT)

Research project:

• Parenting program, a collaboration between the University of Minnesota and the National Guard that helps families with reintegration and parenting skills.

• Over the next five years ADAPT researchers will recruit 400 Minnesota military families and follow them.

• Researchers observe parents and their children to try and understand deployment stress.

• Researchers are testing parenting techniques on the families.

Read coverage on Project ADAPT on [MPR](http://www.mpr.org), [Star Tribune](http://www.startribune.com), and [APA.org](http://www.apa.org)
AfterDeployment.org

http://afterdeployment.dcoe.mil

Note: Military Pathways is now part of AfterDeployment.org
Airman And Family Readiness Centers (A&FRC)

The A&FRC ensures resources are available to support Active Duty and their families. The A&FRC designs, develops and conducts family programs according to base and community requirements. Below are the typical types of services and activities provided to promote personal and family resiliency skills in the following core areas:

- Air Force Aid Society
- AF Wounded Warrior Support
- Casualty Affairs
- Survivor Benefit Program
- Employment Assistance
- Exceptional Family Member Support
- Family Life Education
- Information and Referral
- Personal and Family Readiness
- Relocation Assistance
- Transition Assistance
- School Liaison Officer
- Volunteer Resources
American Academy of Child and Adolescent Psychiatry

AACAP's mission is to promote the healthy development of children, adolescents, and families through research, training, prevention, comprehensive diagnosis and treatment and to meet the professional needs of child and adolescent psychiatrists throughout their careers.

American Academy of Pediatrics

The American Academy of Pediatrics is an organization of 62,000 pediatricians committed to the optimal physical, mental, and social health and well-being for all infants, children, adolescents, and young adults.

American Academy of Pediatrics Website
**Army Community Services (ACS)**

**Mission:** ACS provides comprehensive, coordinated, and responsive advocacy services that support the readiness and well-being of Soldiers and their families, civilian employees and retirees.

Those services include:
- Information and Referral
- Financial Readiness
- Advocacy and Prevention
- Employment Readiness
- Soldier and Family Readiness
- Exceptional Family Member Program
- Soldier and Family Assistance Center
- Survivor Outreach Services
- Mobilization and Deployment
- Relocation Assistance

http://www.myarmyonesource.com/default.aspx
Center on the Social and Emotional Foundations for Early Learning (CSEFEL)

CSEFEL is focused on promoting the social emotional development and school readiness of young children birth to age five. CSEFEL is a national resource center funded by the Office of Head Start and Child Care Bureau for disseminating research and evidence-based practices to early childhood programs across the country.

http://csefel.vanderbilt.edu/resources/family.html
ChildCare Aware Of America (Formerly NACCRA)

http://childcareaware.org/
Deployment Kids

Information and resources for military kids.

- [http://deploymentkids.com/intouch.html](http://deploymentkids.com/intouch.html)
- [http://www.deploymentkids.com/journals.html](http://www.deploymentkids.com/journals.html)
- [http://www.deploymentkids.com/homeschool.html](http://www.deploymentkids.com/homeschool.html)
Domestic Violence Hotline

The National Domestic Violence HOTLINE

We’re here to listen.
Reach our trained advocates 24/7 to get the support you deserve. There are no fees, no names, no judgement. Just help.

1.800.799.SAFE (7233) • 1.800.787.3224 (TTY)

http://www.thehotline.org
**Family Advocacy Program (FAP) – Air Force**

**Mission:** “Build healthy Air Force communities by developing, implementing, and evaluating policies and programs to prevent, intervene in, and treat child and spouse maltreatment”.

**Maltreatment Program:**
- Prevention and intervention efforts to address children and spouse maltreatment
- Addressing family issues which may impact readiness of military workforce

**New Parent Support Program:**
- Prenatal to Post-partum services
- Serves as child abuse prevention program

Source: [Air Force FAP Fact Sheet](#)
Family Advocacy Program (FAP) – Army

Family Advocacy Program

The US Army Family Advocacy Program is dedicated to the prevention, education, prompt reporting, investigation, intervention and treatment of spouse and child abuse. The program provides a variety of services to soldiers and families to enhance their relationship skills and improve their quality of life. This mission is accomplished through a variety of groups, seminars, workshops and counseling and intervention services.

Helpful Links

Programs available through the Family Advocacy Program include:

- Exceptional Family Member Program
- New Parent Support Program
- Transitional Compensation Program
- Victim Advocacy Program

Help Available 24/7 for Victims of Domestic Abuse

All Army installations have a 24/7 Family Advocacy Program (FAP) Domestic Abuse Victim Advocacy Hotline. Please click on the link below to access the numbers and find the installation closest to you for help and support.

Domestic Violence Hotline Numbers

My Army One Source - Family Programs & Services: FAP
Family Advocacy Program (FAP) – Marines

NATIONAL DOMESTIC VIOLENCE HOTLINE NUMBER

800.799.7233

24/7 VICTIM ADVOCATE SUPPORT FOR VICTIMS OF DOMESTIC VIOLENCE AND SEXUAL ASSAULT

619.279.6113

Family Advocacy Program
Building 6 East
3602 Hochmuth Avenue
San Diego, CA 92140

Appointments
619.524.0465

Office Hours
Monday - Friday 7:30 AM to 4:00 PM
Located in Building 6 E

Prevention Information
619.524.1200

Marine & Family Programs: Behavioral Health-FAP
Family Advocacy Program (FAP) – Navy

Long deployments, frequent moves, and mission readiness demands impose many stresses on military families, often leading to marital and parent-child conflict. Concern for the welfare of Navy families and the effects of family violence on military performance prompted the establishment of the Family Advocacy Program.

The Fleet & Family Support Program (FFSP) offers prevention, identification, treatment and follow-up. All efforts are geared toward victim safety and protection, offender accountability and rehabilitation. The following vital services are provided to individuals and commands:

› Prevention and Awareness Education
› Clinical Counseling Resources
› Family Victim Advocate (FVA) Services
› Intervention, Treatment and Case Management

Navy FAP
Fleet And Family Support Services

“Fleet and Family Support Programs (FFSP) support individual and family readiness through a full array of programs and resources which help Navy families to be resilient, well-informed and adaptable to the Navy environment.”

Programs provide support on areas such as:
• Deployment
• Wellness
• Handling Emergencies/Crises
• Career Development
• Managing Finances
• Relocation
• Transition
• Other employment issues

Programs are offered at several locations. In addition, “services include “information and referral, individual clinical and non-clinical consultation and educational classes and workshops”.

Navy Fleet and Family Support Services
Families Overcoming Under Stress (FOCUS) Project

FOCUS: Family Resilience Training for Military Families

Strengthening the Home Base
FOCUS (Families OverComing Under Stress) provides resiliency training to military children and families. It teaches practical skills to help families overcome common challenges related to a parent’s military service, to communicate and solve problems effectively, and to successfully set goals together and create a shared family story.

http://www.focusproject.org
FOCUS Project cont’d.

Key Components:

**Resilience Training:** Military families receive tools for dealing constructively with emotions, goal-setting, problem-solving and communicating effectively when dealing with deployment.

**Deployment Spiral:** Designed to give military families the skills needed to deal with each stage of deployment: from pre-deployment to post-deployment.

**Locations:** FOCUS is available at certain installations in the following states (see website for specific installations):

- California
- Hawaii
- Mississippi
- North Carolina
- Virginia
- Washington
- Okinawa, Japan
- USMC Wounded Warrior Regiment

http://www.focusproject.org
Healthy Children

(From the American Academy of Pediatrics)

http://www.healthychildren.org/English/ages-stages/Pages/default.aspx
**Kids Included Together**

Kids Included Together (KIT) is a non-profit organization, specializing in providing best practice training for community-based youth organizations committed to including children with and without disabilities into their existing recreational, social and childcare programs.

Marine Corps Community Services

How Can a Marine Spouse Finance Their Education?

Put the Brakes on Vehicle Fuel Waste
Saving fuel on base will not only help to conserve resources and reduce carbon emissions, but also lead to greater effectiveness in the battlefield.

How Can a Marine Spouse Finance Their Education?
The cost of college can be significant, but there are many options available to you as a Marine spouse to help you finance your education.

Building Your Network as a Marine Spouse
When you are looking for employment, start with the network you already have, continue to cultivate it, and start growing your professional network both in person and online.

Keeping Pets Safe from Violence in the Home

http://www.usmc-mccs.org
Military Impacted Schools Association (MISA)

MISA is a national organization of school superintendents. Our mission is to serve school districts with a high concentration of military children. MISA is part of the National Association of Federally Impacted Schools.

http://militaryimpactedschoolsassociation.org
Military Child Education Coalition

Mission is to ensure inclusive, quality educational experiences for all military-connected children affected by mobility, family separation, and transition.


- [http://www.militarychild.org/parents-and-students/programs](http://www.militarychild.org/parents-and-students/programs)
Military Child Initiative

The Military Child Initiative will assist public schools to improve the quality of education for highly mobile and vulnerable young people with a special focus on military children and their families by providing national, state and local education agencies, as well as schools, parents and health, child welfare, juvenile justice and educational professionals with information, tools and services that enhance school success.


Military OneSource

Military OneSource is a confidential Department of Defense-funded program providing comprehensive information on every aspect of military life at no cost to active duty, Guard and Reserve Component members, and their families. Information includes, but is not limited to, deployment, reunion, relationship, grief, spouse employment and education, parenting and child care, and much more.

- Mr. Poe and Friends - Deployment video
- Deployment Survival Webinar
- Wounded Warrior Information for Families
- Information for Helping Children Deal with Transition
**Military Kids Connect**

Mission: MilitaryKidsConnect (MKC) is an online community of military children (ages 6-17 yr old) that provides access to age-appropriate resources to support children from pre-deployment, through a parent's or caregiver's return.

http://militarykidsconnect.dcoe.mil
National Association for the Education of Young Children (NAEYC)

National Association for the Education of Young Children – This the nation's largest and most influential organization of early childhood educators and others dedicated to improving the quality of programs for children from birth to third grade.

www.naeyc.org
National Child Trauma Stress Network

NCTSN Mission

“To raise the standard of care and improve access to services for traumatized children, their families and communities throughout the United States.”

Site features a Military Family Knowledge Bank with resources on various topics including:

• Adolescents
• Branch-specific
• Child Development
• Deployment issues
• Family Topics
• Grief
• Resiliency
• Strategies

http://mfkb.nctsn.org/cwis/index.php
National Guard Family Program

- Family Program
  The National Guard Family Program exists for the purpose of supporting and educating families along the path of their National Guard life. Get to know us! Read more

- Family Readiness
  Find out how the National Guard Family Program helps families prepare for what lies ahead. Let us show you how to be “Always Ready, Always There.” Read more

- Volunteer
  National Guard Volunteers contribute a broad range of services that enhance the capabilities of National Guard programs and services and augment the efforts of paid staff. It is the goal of the National Guard Volunteer Program to provide assistance and support for volunteer programs at the state level. Read more

- Child and Youth
  Learn about the opportunities and support provided by the National Guard Family Program for youth and kids of all ages. Read more

https://www.jointservicessupport.org/fp
National Military Family Association (NMFA)

Mission: To fight for benefits and programs that strengthen and protect Uniformed Services families and reflect the Nation’s respect for their service. Founded in 1969, NMFA is the leading non-profit organization focusing on issues important to military families.

Camps Offered:
• Operation Purple
• Family Retreats
• Healing Adventures

Programs & Assistance Provided Cover Topics Such as:
• Family (Adoption, Marriage & Divorce)
• Deployment
• EMFT & Special Needs
• Health Care
• Leaving the military
• Survivors, Wounded & Caregivers

http://www.militaryfamily.org
The New York Child Study Center

Their work has highlighted the importance of strengthening resilience in all children as a preventive strategy to enhance and protect their psychological well-being.

http://www.aboutourkids.org/articles/war039s_impact_children
Our Military Kids

Mission: Our Military Kids, Inc. is a 501(c)(3) nonprofit organization created to provide support and recognition to military children. This may include children ages 5 years through the 12th grade of deployed National Guard and Reserve service members, along with children of Wounded and Fallen Warriors from all branches of service. The grants to children pay for fees associated with athletic, fine arts, and tutoring programs. Our Military Kids’ grants keep military children engaged in activities of their choosing, helping to relieve the stress of separation from a parent by providing a positive distraction, minimizing emotional destabilization, building self esteem, and enabling academic achievement.

http://www.ourmilitarykids.org
Rape, Abuse & Incest National Network (RAINN)

https://www.rainn.org
Sesame Street: Talk, Listen, Connect

*Talk, Listen, Connect,* offers you strategies and resources to help military children through difficult periods of transition and separation that can come with military service.

http://www.sesameworkshop.org/what-we-do/our-initiatives/military-families/

http://www.sesamestreet.org/parents/topicsandactivities/toolkits/tlc
Strategic Outreach to Families of All Reservists (SOFAR)

SOFAR is a mental health project that provides free a wide arrange of mental health services to the extended family members of National Guard, Reserves and Iraq and Afghanistan war veterans.

SOFAR Website
SUBSTANCE ABUSE PROGRAMS

Air Force Alcohol and Drug Abuse Program (ADAPT)
http://usmilitary.about.com/cs/airforce/a/afdrugalcohol.htm

Army Substance Abuse Program (ASAP)
http://csf2.army.mil/public/resources/overview.jsp

Marines: Substance Abuse Counseling Centers (SACC) on all Marine Corps installations

Navy: Substance Abuse Rehabilitation Program (SARP)
http://www.med.navy.mil/sites/nmcsd/Pages/Services/Substance-Abuse-Rehabilitation-Program-(SARP).aspx
Wounded Warrior Programs

Air Force Wounded Warrior Program
http://www.woundedwarrior.af.mil

Army Wounded Warrior Program

Marine Corps Wounded Warrior Regiment
http://www.woundedwarriorregiment.org

Navy Safe Harbor
http://safeharbor.navylive.dodlive.mil

The Wounded Warrior Project
http://www.woundedwarriorproject.org
Zero to Three

Zero to Three is a national, nonprofit organization that provides parents, professionals and policymakers the knowledge and know-how to nurture early development.

**Mission:** Ensure all babies and toddlers have a strong start in life.

Available Training Opportunities

Continuing Education Courses – 10 CEUs Available

- Therapeutic strategies for the CYB-MFLC – 2 CEUs
- Best practices for dealing with children with aggressive behavior: CYBs in CDCs – 3 CEUs
- Positive guidance – 2 CEUs (live training)
- Strategic implementation of the CYB-MFLC program in the school setting - 3 CEUs
Step By Step Guides for Accessing Trainings

SBS Guide_MFLC
specific CEU's_PMC

SBS Guide_CEU
access for counselo
Best Practices—Training Materials (For Internal Use Only)

• Best Practices for Dealing with Children with Aggressive/Challenging Behavior: Focus on classroom Interventions including ABC’s of Behavior

• Best Practices for Dealing with Children with Aggressive/Challenging Behavior: Focus on working effectively with caregivers and parents

• Brief Solution-Focused Therapy/Case study: Berg and DeShazer Model

• Comprehensive list of resources

• Facilitating Groups

• Talking Points: Dealing with Highly Aggressive Behavior

• Talking Points: Helping Children Deal with School Shootings

• What Do We Do?: Training for new CYB
Approved Policies & Procedures

Minimal Touch Policy and Talking Points
http://www.magellanmflc.org/media/30682/minimal_touch_guidance_policy.pdf

Parental Consent Procedure
http://www.magellanmflc.org/media/30694/parental_consent_for_mflc_services_to_minors.pdf
Thanks